

www.theshadowsrestaurant.com (760) 772-4342 John Dutra - Executive Chef Manuel Guadarrama - Food & Beverage Manager

## BREAKFAST

<b>Country Fried Steak and E</b> country fried steak, sausage gravy, 2 eggs hash browns, choice of toast		Shadows Breakfast 2 eggs, choice of bacon or sausage, hash browns or country potatoes and toast	\$11.00	
<b>Carnitas Breakfast Skillet</b> carnitas, potatoes, peppers, onion, chili ve crema, topped with a fried egg with tortilla	rde	Egg White Frittata $\checkmark$ egg whites, spinach, tomatoes, mushrooms, onion feta cheese, with fruit and toast	\$14.50	
Huevos a la Santa Fe V scrambled eggs, pico de gallo, hatch greer cumin, crema, avocado, southwest potatos corn tortillas		<b>Denver Omelet</b> 3 eggs, ham, red and green pepper, onion, cheese, hash browns or country potatoes and toast	\$13.50	
Brioche French Toast V served with syrup and whipped butter	\$8.95	Meat Lovers Omelet 3 eggs, ham, bacon, sausage, cheese, hash browns or country potatoes and toast	\$14.50 s	
Pancakes V 2 pancakes with syrup and whipped butter		Shadows Eggs Benedict english muffin, canadian bacon, poached egg, hollandaise, hash browns or country potatoes	\$15.50	
Big "A" Breakfast one egg, one pancake, one slice of bacon o	\$7.95 or sausage	California Benedict 🗡	\$15.50	
SIDES & EAR	LY LUNCH	english muffin, tomato, spinach, poached egg, avocado, hollandaise, hash browns or country pota	itoes	
Toast or English Muffin	\$7.50 \$2.00 \$5.00	BBQ Pulled Pork Sliders brioche bun, three bbg pork sliders, coleslaw	\$11.00	
Hash Browns \$5.00 Country Potatoes \$5.00	\$5.00 \$5.00	<b>Cheese Quesadilla</b> cheese blend, pico de gallo, sour cream, guacamole add chicken \$5.00	\$9.00	
3 Bacon or 2 Sausage One Pancake 1 Egg	\$5.00 \$4.50 \$2.00	BLT Sandwich Sourdough, bacon, lettuce, tomato, mayonnaise Served with Fries	\$14.50	
Cottage Cheese Fresh Fruit	\$3.50 \$5.00	Caesar Salad romaine, shaved parmesan, croutons, caesar dressing	\$10.50	
BEVERAGE	S	add Chicken \$5.00		
Reg. or Decaf Coffee - \$3.25 Apple, Cranberry, Orange Ju	Hot Tea - \$3.00 ice Small - \$3.00 Lai		\$3.00	
Breakfast meals cannot be split, however sharing is always encouraged. Sharing plates are available upon request <b>THE SHADOWS RESTAURANT</b>				
V = Vegetarian Option () = Glu	uten Free Option 🛛 🔞 = Vegetaria	n with Modifications		
		dvised consuming raw, cooked to order or undercooked meat medical conditions. Alert your server if you have special diet		

## **STARTERS**

### **CASUAL DINING 11 AM TO CLOSING**

<b>Chicken Wings</b> (F) 5 wings, available with garlic parmesan, classic, bourbon, and teriyaki, blue cheese	HH \$9.00 or ranch dressing	\$11.00	<b>Cheese Quesadilla</b> V tortilla, cheese blend, pico de gallo, sour cre add chicken \$5.00	HH \$6.00 sam, guacamole	\$9.00
Calamari Strips calamari, cocktail sauce, spicy mayonnaise	<b>HH \$</b> 9.00 sauce	\$11.00	<b>Chicken Tenders</b> chicken, fries, ranch dressing, bbq sauce	<b>HH \$</b> 9.00	\$11.00
<b>Coconut Shrimp</b> 4 coconut breaded shrimp, sweet chili sau	<b>HH \$</b> 8.00	\$10.00	BBQ Pulled Pork Sliders brioche bun, three bbq pork sliders, coleslav	<b>HH \$</b> 9.00 ″	\$11.00
Spring Rolls V 3 spring rolls, sweet chili sauce	<b>HH</b> \$6.00	\$8.00	Hamburger Sliders brioche bun, three hamburger sliders, chedo	HH \$9.00 dar cheese, pickle	\$11.00
Chips & Salsa V house made tortilla chips, salsa	<b>HH \$</b> 3.00	\$4.00	<b>Chili Cheese Fries</b> fries, chili, cheddar/jack cheese, sour crear	HH \$6.00 n, green onion	\$8.00
GRILL			HH - Happy Hour Pricing 2	2 PM - 5 PM D	aily

All sandwiches in this section include choice of French fries, Sweet Potato Fries, Side Salad, Coleslaw, Potato Salad. Onion Rings available for an additional \$1.00

## "Chef's Roadrunner Sandwich" \$15.00

grilled sourdough, oven roasted turkey mild ortega chili, monterey jack cheese

The Reuben \$16.50 grilled rye, corned beef, swiss cheese, sauerkraut, russian dressing

The Shadows Club \$16.50 ham, turkey, bacon, monterey jack, lettuce, tomato, mayonnaise,

### Swiss Coleslaw Avocado Melt 🗸 \$14.50

ciabatta bread, swiss cheese, coleslaw, avocado, russian dressing

Shadow Burger	\$16.00
brioche bun, half pound burger, monterey jack, cheddar. lettuce, tomato, onion. chef's burger sauce, <i>add bacon \$1.50</i>	

T <b>una Melt</b> grilled sourdough, tuna, tomato, cheddar cheese,	\$14.50
French Dip french baguette, tender roast beef, monterey jack, au jus	\$16.50

### Beer Battered Fish & Chips \$16.50

2 cod portions, beer batter, tarter sauce, lemon

🕞 = Gluten Free Option

Wedge Salad

**SALADS** 

= Vegetarian Option

= Vegetarian with Modifications

**HH \$**8.00

\$11.00

### Caesar Salad 🗸 small \$8.50 / large \$10.50

romaine, shaved parmesan, croutons, caesar dressing add Chicken \$5.00 add 4 shrimp \$5.00

#### Asian Chicken Salad O)

\$17.50

napa and red cabbage, chicken, carrots, peanuts, mandarin oranges, scallions, crispy chow mien noodles, asian sesame dressing

(G∰F)

#### Lakeview Salad 72

\$16.95

spring mix, chicken, cranberry, tomatoes, blue cheese crumbles, avocado, balsamic vinaigrette

## House Salad∕ small \$8.50 / large \$10.50

iceberg lettuce, bacon, tomato, bleu cheese crumbles & dressing

V

#### Watermelon & Cucumber Salad \$16.95 (G F) watermelon, cucumber, feta cheese, mint, basil

G∰F)

house honey lime dressing

There is a split meal charge for entrees however sharing is always encouraged Casual Menu \$5 Dinner Menu \$8 Split meal charge on qualifying menu items Split meals include full sides \*Salads may not be split\*

Take out or food taken out of the restaurant should be maintained at appropriate temperatures to avoid a food-borne illness. Take out or food taken from the restaurant if left un-eaten too long may develop harmful bacteria

# SOUPS & MORE

Soup du Jour	Cup \$5.50 / B	owl \$6.50	Soup or Salad & Half Sandwich \$12.00
Chili	Cup \$5.75 / B	ъ nwl \$7.50	up of soup or small house salad with a half deli sandwich. choice of ham, turkey, tuna, choice of wheat, white or sourdough, lettuce, tomato, mayonnais ** <i>this is a cold sandwich.</i> **
topped with shredded cheese			
PIZ	ZZA		
Margherita V mozzarella, pizza sauce, garl	<b>HH \$12.00</b> lic, fresh basil oil	\$14.00	Pepperoni \$15.00 mozzarella, pepperoni, pizza sauce
Vegetarian Fant mozzarella, onion, zucchini, n bell pepper, tomato, artichok	nushroom, black olive, ,	\$15.00	Shadows Special \$18.00 mozzarella, sausage, mushrooms, pepperoni, onion, bell pepper, pizza sauce
DIN	NER		Dinners are served from 4 PM to Closing.
All Di	inners include a Dir	nner Roll with E	Butter and choice of a Cup of Soup or Side Salad
Steak Filet Meda two 3 oz. medallions, balsam mashed potatoes, seasonal v	ic mushroom cream sauci	\$24.00	BBQ Baby Back Ribs IP \$24.00 4 bone baby back rib, french fries, bbq ranch beans, coleslaw
Vegetable Ravio <sub>vegetable</sub> ravioli, pesto, parn		\$18.00	Grilled Salmon & Garlic Dill Aioli \$24.00 grilled salmon, garlic dill aioli, herbed rice, seasonal vegetables
Shrimp Scampi angel hair pasta, 4 prawns, a white wine, garlic, butter cre	rtichoke hearts, tomato, ,	\$19.50 se	Chicken Parmesan\$19.00two breaded chicken breasts, marinara sauce, provolone cheese, herbed rice, seasonal vegetables\$19.00
			A 20% service charge will be added to parties of 8 or more
SI	DES	V = V	Vegetarian Option 🕡 = Gluten Free Option 🕡 = Vegetarian with Modifications
French Fries	\$5.00	Sweet Pot	tato Fries \$5.50 Potato Salad \$4.00
Onion Rings	\$6.00	Fresh Fru	uit \$5.50 Cottage Cheese \$3.50
Coleslaw	\$3.50		
DESS	<b>SERTS</b>		
Carrot Cake		\$7.00	Cheesecake \$5.50
Chocolate Flourl	less Cake 🐠	\$5.50	Single Scoop Ice Cream 🐠 \$3.00
Ice Cream Sund single scoop of vanilla or cho		\$4.50 te or caramel sauce	e, whipped cream, nuts



Fiesta Tuesday's

3 Course Meal \$18.95+ tax

1. Mini Taco Salad 2. (Choose 1) Chicken or Beef Enchiladas (2) Chicken Chimichanga (1) All meals served with Rice & Beans 3. Churros with Caramel Sauce Dine-in Only / No Substitutions

## Italian Wednesday's

3 Course Meal \$18.95+ tax

Soup or Salad 2. (Choose 1) Spaghetti and Meatballs, Penne Calabrese, Ravioli with Pesto Cream Sauce
Spumoni Ice Cream Dine-in Only / No Substitutions

### Thirsty Thursday's

Purchase any regularly priced dinner entrée and your meal includes your choice of a glass of house wine, or a domestic draft beer, or a non-alcoholic beverage. *Dine-in Only* 

## From the Sea Friday's

3 Course Meal \$23.95+ tax

1. Soup or Salad 2. (Choose 1) Barramundi Provencal, Shrimp Diavolo, Salmon Piccata 3. Cheesecake Dine-in Only / No Substitutions

### Prime Rib Saturday's

2 Course Meal \$28.95+ tax

 Soup or Salad 2. Prime Rib, Baked or Mashed Potato, Seasonal Vegetables Carry Out Available / No Substitutions

## Fried Chicken Sunday's

3 Piece Meal \$16.95+ tax

Chicken Breast, Leg and Thigh, Mashed Potatoes, Gravy, Corn, Coleslaw, Cornbread *Carry Out Available/ No Substitutions* 

Dur products may contain wheat, egg, dairy, soy, nut or fish allergens. Please be advised consuming raw, cooked to order or undercooked meat, poultry, seafood, shellfish or eggs may increase your risk of food Bourne illness if you have certain medical conditions. Alert your server if you have special dietary requirements



SPECIALS Through October 31

# **Afternoon Specials**

Tuesday - (3) Mexican Street Tacos \$5 Wednesdays - Shadows Burger & Fries \$12 Thursdays - Pepperoni Pizza \$12 Fridays - Tuna Melt & Fries \$10

## **Breakfast Specials**

Tuesday - *Pancakes* \$5 Wednesdays - *Big A Breakfast* \$5 Thursdays - *Shadows Breakfast* \$9 Fridays - *Brioche French Toast* \$5