

# WELCOME

[TheShadowsRestaurant.com](http://TheShadowsRestaurant.com)



## SUMMERSHADOWS

<b>SUNDAY – THURSDAY</b>	<b>8AM – 6PM</b>
<b>FRIDAY – SATURDAY</b>	<b>8AM – 8PM</b>
<b>BREAKFAST</b>	<b>8AM – 11AM</b>
<b>LUNCH / SMALL PLATES</b>	<b>11AM – CLOSE</b>
<b>ALL DAY HAPPY HOUR</b>	<b>8AM – CLOSE</b>
<b>PHONE</b>	<b>760.772.4342</b>



# BREAKFAST

TheShadowsRestaurant.com



SUMMERSHADOWS

All egg breakfasts are served with toast and choice of tomato slices, country potatoes, fresh fruit cup or cottage cheese unless otherwise noted.

## EGGS, HASH & MORE

<b>EGGS BENEDICT</b>	11.25
Toasted english muffin topped with poached eggs, canadian bacon and hollandaise sauce (available on Saturdays & Sundays)	
<b>SMOKED SALMON PLATTER</b>	10.95
Served with a toasted bagel, cream cheese, tomato, onion and capers	
<b>CORNED BEEF HASH &amp; EGGS</b>	10.95
Made fresh with potatoes and onions	
<b>BUILD YOUR OWN OMELET</b>	10.95
three eggs with your choice of cheese, tomatoes, spinach, onions, mushrooms, bell peppers, bacon, ham, sausage or jalapeños	
<b>HEARTY SKILLET</b>	9.95
Three eggs, potatoes, bacon, sausage, tomatoes, onions, cheddar cheese and sour cream served with choice of toast	
<b>BREAKFAST COMBO PLATTER</b>	8.95
Two eggs any style, two pancakes, two bacon strips or two sausage links	
<b>Tf TWO EGG BREAKFAST</b>	7.95
Choice of meat, side and toast	
<b>BREAKFAST SANDWICH</b>	7.95
Fried eggs, cheddar cheese, choice of sausage or bacon and choice of bread, english muffin or bagel	

## 'CAKES, OATS & TOASTS

<b>CINNAMON FRENCH TOAST</b>	7.95
Served with maple syrup and whipped butter	
<b>CLASSIC 'CAKES</b>	6.25
Fluffy pancakes served with maple syrup and whipped butter	
<b>Tf OATMEAL N' RAISINS</b>	4.50
Brown sugar, raisins, butter and milk	

## BEVERAGES

<b>COFFEE OR HOT TEA</b>	2.50
Regular, decaf coffee and variety of hot teas	
<b>JUICE</b>	SM 2.50 LG 4.50
Passionfruit/orange/guava, apple, orange or cranberry juices	
<b>MILK OR HOT CHOCOLATE</b>	2.50

## SIDES (\*) A LA CARTE

<b>FRESH FRUIT (4)</b>	<b>CANADIAN BACON (3)</b>	<b>SAUSAGE (3)</b>
<b>BAGEL &amp; CREAM CHEESE (4)</b>	<b>ENGLISH MUFFIN (2)</b>	<b>BACON (3)</b>
<b>COUNTRY POTATOES (4)</b>	<b>HASH BROWNS (4)</b>	<b>TOAST (2)</b>

# MENU

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## SUMMERSHADOWS

### THE GREENS

**AUGUSTA SALAD GF** 8.95

Bibb lettuce tossed in light champagne vinaigrette with individually marinated carrots, mushrooms, tomatoes and daikon radish

*Optional Protein* **chicken (+5) shrimp (+5) salmon (+7)**

**PAR 3 SALAD GF** 10.95

Chicken salad, tuna salad and egg salad served atop mixed greens garnished with tomatoes

**LAKE TAHOE SALAD GF** 11.95

Herb chicken on mixed greens with dried cranberries, avocado, Danish bleu cheese and tomatoes tossed in our balsamic vinaigrette

**AVOCADO SHRIMP LOUIS GF** 12.95

Tender shrimp tossed in our Louis dressing with avocado, tomatoes and served on mixed greens

**Tf WARM GOAT CHEESE SALAD GF** 11.95

Pecan crusted goat cheese on fresh spinach with marinated artichokes, hearts of palm, roasted beets, strawberries, and Bermuda onions with honey lime vinaigrette

**CAESAR SALAD** small 4.50 large 7.50

Traditional

*Optional Protein* **chicken (+5) shrimp (+5) salmon (+7)**

**Tf HOUSE SALAD GF** small 4.50 large 8

Fresh seasonal vegetables on mixed greens with your choice of dressing

### WRAPS

**TURKEY CRUNCH WRAP** 10.95

Smoked turkey, swiss cheese, lettuce, tomato, pecans and cranberry mayo

**BLACKENED CHICKEN WRAP** 10.95

Blackened chicken breast, swiss cheese, lettuce tomato and spicy ranch sauce

### LETTUCE WRAPS

**Tf VEGGIE QUINOA GF** 10.95

Sautéed onions, peppers, zucchini, squash, tomatoes, and mushrooms with red quinoa served with Bibb lettuce and roasted red pepper coulis

**Tf BAHN MI** 10.95

Shredded pork with marinated carrots, daikon radish, spicy cucumbers and red jalapeños with Bibb lettuce, cucumber wasabi and lemon wedges

**Tf ASIAN CHICKEN** 10.95

Teriyaki chicken with marinated carrots, daikon radish, spicy cucumbers, red jalapeños with Bibb lettuce and Asian dipping sauce

### DRESSINGS

**BALSAMIC VINAIGRETTE**  
**APPLE VINAIGRETTE**  
**THOUSAND ISLAND**

**HONEY MUSTARD**  
**BLEU CHEESE**  
**HONEY LIME**

**CAESAR**  
**RANCH**

**Tf TroonFIT** entrées under 500 calories

**GF** Gluten Free

# MENU

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## SUMMERSHADOWS

### THE BUNKERS

<b>SHADOWS BURGER</b>	<b>10.95</b>
Half pound Angus burger on a brioche bun with lettuce, tomato, onion and pickle with choice of cheese <i>add bacon (+1) avocado (+1)</i>	
<b>GRILLED CHICKEN CLUB</b>	<b>10.95</b>
Marinated chicken breast on brioche roll with bacon, swiss cheese, lettuce and tomato	
<b>CITRUS CHICKEN</b>	<b>10.95</b>
Pan-seared chicken breast served on grilled focaccia with cilantro mayonnaise, lettuce, tomato, onion and Swiss cheese	
<b>SHRIMP SALAD CROISSANT</b>	<b>12.95</b>
Tender shrimp salad on a butter croissant with crisp lettuce	
<b>THE ULTIMATE REUBEN</b>	<b>11.95</b>
Corned beef piled high on grilled rye with Swiss cheese, sauerkraut and Russian dressing	
<b>SHADOWS CLUB SANDWICH</b>	<b>11.95</b>
Ham, turkey, bacon, Swiss cheese, lettuce, tomato and mayonnaise on your choice of bread	
<b>EXTREME VEGGIE SANDWICH</b>	<b>11.95</b>
Grilled portobello mushroom, roasted bell pepper, grilled onions and goat cheese served on choice of bread grilled with lettuce, tomato, avocado and garlic herb aioli	
<b>BLT</b>	<b>8</b>
Served on your choice of bread	
<b>THE FAIRWAY MELT</b>	<b>10.95</b>
Ham, turkey and Swiss cheese on choice of grilled bread with apricot chutney	
<b>TUNA MELT</b>	<b>10.95</b>
White Albacore tuna grilled on choice of bread with cheddar cheese	

### SLIDERS CHOICE OF SIDE

<b>BBQ PORK SLIDERS</b>	<b>7</b>
<b>ULTIMATE BURGER SLIDERS</b>	<b>8</b>
<b>CRAB CAKE SLIDERS</b>	<b>13</b>

### SIDES (\*) A LA CARTE

<b>SWEET POTATO FRIES (5)</b>	<b>FRESH FRUIT (4)</b>
<b>COTTAGE CHEESE (4)</b>	<b>COLESLAW (4)</b>
<b>FRENCH FRIES (4)</b>	<b>CHIPS (2)</b>
<b>ONION RINGS (5)</b>	

# MENU

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## SUMMERSHADOWS

### SMALL PLATES

<b>GRILLED STEAK BITES AND MUSHROOMS</b>	<b>14.95</b>
Tender bites of filet mignon and sautéed mushrooms with our house made steak sauce	
<b>PEPPERONI STIX</b>	<b>7</b>
Focaccia topped with herb cheese and pepperoni served golden brown with marinara sauce	
<b>PORTOBELLO EGGROLLS</b>	<b>8</b>
Served with cucumber wasabi and our house made teriyaki sauce	
<b>CAJUN POPCORN SHRIMP</b>	<b>8</b>
Served with Cajun remoulade and cocktail sauce	
<b>AHI TUNA KAMACHI</b>	<b>13</b>
Asian marinated tuna with cucumber, avocado and fried wontons	
<b>FRIED CALAMARI</b>	<b>7.50</b>
Calamari tubes lightly breaded, fried to a golden brown and served with cucumber wasabi and sweet chile sauce	
<b>SMOTHERED POTATO CAKES</b>	<b>6</b>
Mini potato cakes fried to a golden brown, smothered with chili and cheddar cheese accompanied with sour cream and green onions	
<b>ACAPULCO SHRIMP GF</b>	<b>8</b>
Chilled shrimp in a tangy apricot sauce and candied walnuts	
<b>CHICKEN WINGS</b>	<b>8</b>
Six jumbo wings served with celery sticks, and choice of sauce: BBQ, buffalo, sweet chile sauce and honey mustard	

### DESSERTS

<b>CHEF'S CHEESECAKE</b>	<b>7</b>
<i>Ask server for flavor of the day</i>	
<b>CRÈME BRULEE</b>	<b>7</b>
<b>MOLTEN CHOCOLATE LAVA CAKE</b>	<b>7</b>
<b>KEY LIME PIE</b>	<b>6</b>
<b>ADD SCOOP ICE CREAM</b>	<b>1</b>